#### Afterthoughts

The issue of "natural" blueprints into which we develop is central to this book. If there are such blueprints, or archetypes, then we would expect them to be available to those with the relevant level of consciousness. Different types or levels of consciousness would tune to and pick up relevant archetypes or patterns. We would therefore expect some common experiences throughout the world. These would be recorded in similar language in different times and cultures. This is, in fact, the case, as is witnessed by the astonishing similarity of archetypes and myths derived from widely different cultures at different time periods, and continued in modern scientific theorizing.

Many of these myths describe an archetypal structure of human development, and are therefore common to all major religions. What concerns the student of consciousness when assessing these accounts is the level and type of consciousness that "brought through" the information. In my view, this concern applies equally to science as to pre-science or to mystical information. In both cases, of science and of mysticism, the methods of verifying the information is fundamentally subjective, and in both cases its public acceptance is constrained by the commonly accepted paradigm of the day.

After I finished writing the main body of this book, I came across Neale Donald Walsch's three volume series, *Conversations With God*. I have no doubt that his intuition and contact is of a high level, and that a proper understanding of his message requires considerable freedom from cultural dogma. I loved his books and their message, which is complementary to mine. He emphasizes individual freedom of choice and that we are all one, whereas I have emphasized the structure and process involved in that choice and oneness.

I also came across other outstanding works years after writing. Duane Elgin's *Awakening Earth* has a similar structure of 7 stages of evolution in 3 phases, with a consideration of cosmic process. Given this similarity, I can only assume that we both attuned to similar archetypes. Tony Stubbs' *An Ascension Handbook* provides a radical framework to understand the big questions, complementary to Walsch's and revolutionary to science and religion. Yehuda Berg's *The Power of Kabbalah* also provides simple readable wisdom similar to Walsch's. The wisdom of Eckhart Tolle in *The Power of Now* and *A New Earth* is remarkable and needed. Graham Bernard's *Eternal Ties* uses relationships as the basis for a response to the big questions on how we develop. In late 2000 I came across Beck & Cowan's *Spiral Dynamics*, based on the work of Clare Graves, and Ken Wilber's *A Theory of Everything*, which I believe are inspired applications of archetypal process. Lynne McTaggart's *The Field* provides a basis for understanding the primal field of life that underlies and influences all that exists.

Manuela Mascetti's *Christian Mysticism* is a well-written account of how Christian mystics have accessed true gnosis as a direct contact with oneness. The Seth book *The* "*Unknown*" *Reality* by Jane Roberts is a remarkable account of our multiple lives connected at akasha, and of the infinite possibilities of consciousness. Robert Monroe's books *Far Journeys* and *Ultimate Journey* complement the Seth book. Jess Stearn's *Immortality* supports the message about conscious interaction between space-time life and souls beyond space-time, and Michael Newton's *Journey of Souls, Life Between Lives,* and *Destiny of Souls* present a remarkable account of the sociology of souls beyond space-time. The books

of Dannion Brinkley, *Saved by the Light* and *The Secrets of the Light* give a remarkable personal account of the wondrous life in the dimensions of life beyond "death", with predictions for our present life on Earth. In 2006 I found Paul LaViolette's *Earth Under Fire* with its evidence of galactic core explosions creating cataclysms on Earth. I found that it complemented the psychological dynamics of the Book of Revelation with "outer" happenings, also found in ancient myths.

Our intuition and discernment is at the heart of our concern for the validity of information. Intuition and logic complement each other in our search for the truth, but their value for discernment depends upon the level and type of consciousness involved. If our thinking is largely emotional or psychic, we need to learn mental discrimination and logic to complement it. When the latter are powerful, we need intuition to take us further. In either case, intuition and logic have their successive phases of limitation according to paradigm and chakra level. The depth of information sought depends upon the quality of each.

When I finished writing this book I was surprised to find that it fell into three parts, which are the three human phases of development, namely:

- 1. The establishment of substantial experience, and the basis of models, concepts, and programs, i.e., Chapters 1 6 on the chakras, rays and their applications;
- 2. Subsequent descriptions of value, relationship, meaning, and the basis of programs of action, i.e., Chapters 7 9 on models of the soul, symbolism, archetypes, and consciousness in evolution; and
- 3. Consequent synthesis of the foregoing in an orientation to wholeness, i.e., Chapters 10 - 11 on the implications of the models and archetypes for the final human stage, and for purposive action now.

These three stages were not planned but I noticed that other authors with broad-based ideas had a similar structure to their books. I wondered if the three phases are inherent in consciousness itself. For example, if we look at scientific methods, they usually start with fundamentals and an examination of works in the area. They then proceed to the newer concepts and arguments that they have derived, and finally to how their conclusions relate to existing theories and new possibilities.

Studies of dissipative structures and their bifurcations show that these same three steps are involved. The same steps are involved in brainwashing and psychological conversion experiences, and in problem-solving and significant decision-making. Generically, the three steps are:

- 1. A growing amount and diversity of information that exceeds the existing structure of theory, paradigm or concept, leading to increasing stress upon the structure, producing conflict;
- 2. An oscillation between the old and the new ideas in an attempt to reconcile the divergent information and values, requiring increased energy devoted to the issue, restructuring of concepts, and leading to decision;
- 3. Release from the conflict into the freedom of either:
  - a) A higher understanding and a structure of greater capacity that incorporates the old and new, expanding awareness and effectiveness; or

b) A lower understanding and a structure of lesser capacity that reduces the old and the new to manageable concepts, even if inadequate in awareness and effectiveness.

This has come to be accepted as the way in which paradigms can be improved upon. The process seems to be archetypal for all development and the points of change within it. It can be applied to the entire cycle of human evolution as well as to conversion experiences, stages of biological evolution, or economic growth. Of course, it is a simplification of each of these processes, and can be expanded into more substages, and with a greater complexity of influencing factors. Yet the fact that the triple process underlies the generic mathematics of chaos theory suggests its value. Upon reflection, it is the three phases of development defined successively by the 3<sup>rd</sup>, 2<sup>nd</sup> and 1<sup>st</sup> Rays.

It is remarkable that most of the material in this book was unknown to me when I started to write it. I had a general background of 25 years of reading and practice in spiritual and scientific wisdoms, with a background particularly in the writings of Alice Bailey. A vague outline of the first third of the book was planned when I took six months leave from work in 1997 to write it. The material of the first third grew in volume and detail, and then the middle phase developed entirely intuitively. The ideas came intuitively and I set out to support them with logic and further readings. This led to the inevitable drive to understand outcomes, essentially the future of humankind in terms of consciousness, structure and integration with the whole. By the end of six months, I had delved into the powerful symbolism of Genesis and Revelation as well as the writings of modern spiritual masters and leading scientists, in order to determine the vision.

My own meditations provided some striking linkages with a mind more capable than my own. It is not that this work is "channeled," far from it. I am simply aware of the vast network of interconnected information at various levels of consciousness. There were times when I was able to tap in to levels higher than those to which I am normally accustomed.

My aim has been to link modern scientific evidence to ancient wisdom teachings in order to show an essential consistency in archetypal structures of knowledge. These archetypes eventually lead us to an aware choice of how we live our lives. Science has worked at discovering archetypes in the form of equations, models and theories from the "outside" of the structure to the "inside" of the function and meaning. The ancient teachings have worked from a direct perception of the quintessence from the "inside" in the form of symbols and direct knowing towards their outer expression in human life and culture. The emphasis on either approach contains imbalances, and I believe we are now entering a phase in human development that will bring the integration and balance of both approaches.

The subtle structure of our world and the resonance between it and levels of human consciousness makes integration inevitable. For most people, the resonance involves the physical, emotional, concrete mind and abstract mind levels, but it does not stop there. As we evolve, we expand our consciousness into increasingly refined planes of awareness. This allows us to directly perceive a wider range of phenomena. We enter into what has been called, for want of more detailed terminology, the "spiritual realms". This catch-all phrase covers all the unexplained but wondrous states of consciousness beyond abstract thinking and simple intuition. We are now beginning to map these states scientifically and theorize about their nature. We must do this if science is to keep up with consciousness. But these higher realms have been explored on many occasions before, and their mapping exists in the wisdom teachings of the ages. Some of the maps may be wobbly, like the geographic maps of old, but good ones do exist. Since many scientific maps are also wobbly, there is some equality here. Access to these wisdom teachings makes integrating science and spirituality easier.

This book can be used as a practical guide, in that its ideas about development can be applied over a wide range of phenomena and disciplines. It is meant to assist with thinking about scientific and philosophical paradigms, including the conceptualization not just of knowledge but of approaches to how we come to know about knowledge, and hence about the world. It provides a network soul model that may help in understanding the interrelatedness and purpose of life, and so provide some hope for those weary of materialistic reductions. It highlights the range of types of perception of truth, and seeks to integrate their various viewpoints. It reminds us that, to vouchsafe our future life on earth, we must act now.

If it has provided some joy, then I hope it will have added some beauty and light to a world aching for it. It will have added its mite to the quantum, its fragrance to the rose, and its spark of life to the archetype within. If there is no joy, then I hope that the ideas presented may stimulate joy in another arena, so that the qualities may be enhanced in some other way.

It has been inspiring to write in co-creation with the many souls who have sought in different fields and in different times and cultures. It has been revealing to write with one's Muse, or guiding light, and to see how matters fall into place when the focus is clear and the energy strong. It is fulfilling to share these insights with others, despite their varied response. It is a joy to be alive, with friends, family and community, and with the knowledge of the great oneness of all. And finally, it is both inspiring and humbling to know of the immense future in awareness for all of us, and of all the beauty, wonder and joy in store for us.

But we can experience that beauty now, if we are still, and simply know it. And we can do all the good works we like, but in the simple expression of love now, we most closely enter into that realm that is unity.

Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared. - BUDDHA

## Appendix

## **Graves' Levels**

For a quick self-assessment, pick the statement below that best describes you, then check the key at the end of the Appendix.

These descriptions have been adapted from Graves (1968 and 1966) and from Lynch and Kordis (1988), with the exception of the Choice Seeker. The numbering of Lynch and Kordis has been used, and the first level (Primitive) has not been included.

- A. I believe I can pull myself up by my boot straps and make a better life for myself. God helps those that help themselves. I think that some people are certainly brighter and tougher than others, and it's only right that those who come out on top in life should enjoy the rewards of success. There is altogether too much coddling of people who are too lazy to work hard and help themselves. I work best when I've driven a hard bargain with those I work for, such as right after a new contract. When I feel it's time for a new deal with my boss, I work poorly until I get it. When I see something I like, I want to enjoy it right now without fussing around. I tend to be a firm believer in things and then I drop them and find something else.
- **B.** What I want to do most in life is to learn as much as I can about what interests me. I have a great desire to understand how the whole works, and how the higher and lower and left and right fit together. I feel I can create inner peace and harmony. I don't mind doing some teaching or helping others, but I'm not ambitious for worldly success; I'm just fine in my own little world. If I don't get on with my boss, well, I just wait and sooner or later things change for the better. I can be highly productive if able to organize systems to achieve beneficial ends. I like working for the betterment of everyone and everything. I just *feel* that I know what life is about,

although I can't put it into exact words. This feeling gives me a great sense of contentment. Far be it for me ever to tell others what to do, or how to run their lives. I'm happy the way I am, let them do what suits them best. It would be great if everyone could simply accept and respect each other as they are.

- C. The thing I really want in life is to be respected and liked by other people. I'm pretty content with my home, standard of living and family. I feel pretty confident about always being able to get along and I don't subscribe to any particular "ism" or viewpoint. I prefer a congenial and comfortable workplace in which everyone agrees what should be done. I think the best way of getting things done is for everyone to get together, talk the thing out and then agree on a course of action. I can't stand people who want to do everything their own way; the right thing to do is to get general agreement on something. People who want to be prima donnas are a pain in the neck. It makes sense to try and be pleasant to people, and to try not to hurt their feelings.
- **D.I** believe that God—or some other extrahuman power—wants me to be what I am, and I'm content in my present job, family, house, status in the world. The family is essential and should not be meddled with. I realize I'm never going to be a big shot, and

it doesn't particularly worry me. I prefer working within a set of rules and regulations. I tend to get upset when something disturbs my daily routine. I like a strong boss who knows what he wants, and who can tell me exactly what he wants done, and how he wants it done. I believe in a religion, and I believe in sticking to the rules of my religion. People who say that God is dead, or that the old morality no longer applies, are just trying to make excuses for their own laxity. There is such a thing as right and wrong, and anything in between is just a lot of talk by people who are frightened of facing the truth. People who disobey the law should be severely punished to force them to do the right thing.

E. I couldn't give a damn about God, or the boss or what's going to happen to me five years from now. I work best when I can figure a thing out for myself, and then go ahead and do it my way. The boss should provide the wherewithal and then allow my natural creativity to produce the goods. I don't like people telling me what to do, or how to do things. Committee men, group thinkers, home and school meetings, women's groups, all drive me up the wall. What matters to me most is what I think of myself; I couldn't care less what other people think of me. I am the one who determines how I should behave and what is right and wrong for me.

**F.** I live in direct awareness of the unity of all being. By directing my attention, I can attune to the source of knowledge about whatever I wish to know. I am attuned with others and can create thoughts that they pick up and adapt as their own. I am affiliated with a group of higher beings on an inner level and work in concert with them. We focus divine energies and undestanding for the betterment of humanity and for all life forms. I am not totally dependent on human social systems, though I adopt them in order to work with people. I am guided by and am one with universal love.

## Key

If you have selected a statement above which most closely sums you up, check the key below to find your chakra level.

Letter	No. (L&K)	Name	Chakra
Α	3	Loner	Solar Plexus
В	6	Involver	Ajna
С	4	Loyalist	Heart
D	2	Kinsperson	Sacral
Ε	5	Achiever	Throat
F	7	Choice Seeker	Crown

These levels are averages for your self-system, and indicate your normal world-view and your most typical manner of behaving. Chapters 2, 4, 5 and 6 offer further descriptions of these levels.

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# About the Author

## Life

I was born in the north of England in 1940, coming into consciousness in the shadow of bombs, war and rationing. I have memories of our family doctor prescribing me orange juice for scurvey, and walking to school in clogs through the thick snow. Our family emigrated to Australia when I was nine years old. Mum knew we had arrived in paradise, and we kids argued whether peanut butter was real butter or not. Three years later, mum's father was terminally ill, and we returned to England where I went to secondary school. After Australia, the north was too cold, wet and miserable, so we went to the Isle of Wight, which had the sunshine record for all of England. When I was 17, I returned to Australia permanently, as did most of my family.

For seven years I worked in many jobs around Australia including surveying, builder's labourer, copper mining, steel-making, meat packing, and sugar cane cutting. A few years of clerical work and part-time study in Sydney enabled me to qualify for university, where I majored in psychology and human geography, completing a Masters degree analyzing the contagion of voting in city regions.

I tutored and lectured in Human Geography and Scientific Statistical Methods at the Australian National University in Canberra, and tutored at Macquarie University in Sydney. I was offered a tenured position with PhD at Macquarie University but chose instead to privately study the ancient wisdoms and to practice their methods. These included symbols and myths, the wisdom teachings of religions, modern inspired writings, modern gurus, astrology, and the comprehensive works of A.A. Bailey. During this period, I realized that some aspects of modern science closely parallel the older teachings, and wrote about these for local magazines.

I moved to Canberra and for 27 years managed foreign aid in Australia's Agency for International Development. This included diplomatic posting and development work in Asian and Pacific countries. I lived and worked in a number of Asian countries. In addition to this I privately designed and ran personal development workshops and courses jointly with my wife Margot, an accomplished counselor, hypnotherapist, acupuncturist and spiritual healer. We facilitate meditation groups and I write on integrative matters.

### Personal Recollections

My earliest memory of foreknowledge occurred about age 7, simply knowing that I would go to university and do well there despite my family not being well off and it being an era when few went to university. At the same time, I knew I would do something of benefit in the world that would put my name widely before the public. Of course, these could be regarded as the fantasies of a child, but they were very clear and stayed with me as a detached understanding that I largely ignored.

My childhood was normal except for the constant change of residence after my eighth year, and by the time of my late teens the constant social adjustments that this required led me to consciously know and emphasize my own values and identity. The repeated moves showed me that continually adapting to local cultures could deplete the sense of self, unless I really knew who I was. As a consequence, I relied on my own perceptions and judgments, and was able to exclude many cultural influences. This trait can contribute to originality, independence, initiative, and even leadership when within cultural bounds. There are occasions when it does not win friends. However, I made friends easily, despite the sometimes limiting pressures to conform to local norms.

In my youth, I enjoyed many physical activities, so as not to have any regrets later. I loved sports, especially the strenuous and the rough and tumble. Work and travel developed a sense of self-

reliance, adventure and determination. The call of higher learning took me eventually to university, where I reveled in the intellectual work. Without realizing it, I developed an intuitive meditation that integrated scientific knowledge and analysis to create new insights, and fortunately some good results.

I also started a hard course in close relationships that culminated in a failed marriage. During this period, I learned astrology. The scientific and statistical evidence for it, plus my own case studies, convinced me that there was something in it. After divorce, I continued teaching at university but with a growing interest in wisdom teachings. I practiced self-purification, yoga breathing, meditation, dream recording, invocation, and more creative behaviour, leading to a sense of expanding awareness.

After a few years, I knew it was time to get married again and meditated on my new wife. This led to my long-term partnership with Margot, who has remarkable healing and counseling capabilities. Together we created healing, meditation and teaching groups, and shared some counseling, all the time practicing to the best of our ability what we preached. As our children grew, this was a long period of consolidation of practical spiritual growth and service. Both being strong personalities, we had much to learn from each other. We enjoyed our family life, and I secretly thrilled to go on all those fun rides for kids again.

We practiced meditation, invocation, visualization, healing, sharing, the search for truth and integrity, and other forms of self-transformation together and in groups and alone. We experienced the ineffable elevations of consciousness, clairvoyance, knowledge of past lives, and connection with forms of consciousness that were by far wiser than our own. We became aware of illusions, glamour, spiritual ambition, selfishness and the need for clear discrimination of the higher from the lower, as well as those parts of ourselves needing transformation and our karmic lessons to be learned. We also had much fun.

I became aware of the need to manifest higher attunements for common benefit, and of the eventual need to be divested of attachments to all thoughts, feelings, relationships, positions, and places: a difficult thing indeed. However, in doing this, I became aware that all people are doing their best for the world, however it may appear. We can all work practically for the upliftment of the entire world. We can love in freedom. There is a vast network of people and beings of varying types and levels of consciousness who are creating the upliftment of humanity and of the soul network of all.

From meditative attunement to this network came the experience of the flow of divine energy throughout the planet. The role of people in focusing and transforming aspects of this energy became clearer. The experience of meditative contact with sources of clear, constructive and inspirational information convinced me of the reality of their existence. I came to realize that we all have the potential awareness of the infinite Mind, of God. The need for practical living application in all we do became self-evident.

Much of this inner awareness came while doing apparently mundane work, yet my world and work became much richer. Constant application is needed, yet we forget and slide, and then remember and renew our attunement. We know that no-one is perfect, and that progression brings greater peace, and wisdom, and happiness. And love, do not forget love. Without it we would not be here. With it, we can create our own life of richness and joy.