

Success

Gordon Herbert

I had a dream about how to be a success. The dream was couched in the imagery of an athletics race and brought forth two very striking principles. Firstly, if there was any fear or anxiety at all, butterflies in the tummy, wobbly legs and the like, then this definitely disqualified one from success. Secondly, as it was expressed in the dream, those who were consistently successful had wives who concentrated on the goal. In the race the males were the runners and each had a wife who focussed on the race and the finishing line.

To interpret, the men are the yang will and energy that drive to success. The wives are the yin energy of consciousness and value that determine the goal and how quickly we reach it. They are married because both are needed to achieve success. A weakness on either part, from say anxiety or lack of focus, will hinder or even prevent success.

In order to show me I was put into the consciousness of one such wife, and experienced the single-minded concentration upon achieving the goal. There was a powerful centred focus, and I was shown that the more one focussed, the quicker the goal was achieved. It was a sliding scale from unconcentrated slowness to absolute concentration wherein the goal was achieved instantly. I might add that there was no philosophical reflection or discussion, that achieving the goal was all, but that there was considerable satisfaction in this. I also had the feeling whilst in this borrowed state of consciousness that there was a pragmatic understanding that achieving was what it was all about, and that in this lay the wisdom of experience and “getting on with it”.

The dream emphasises the importance of the marriage between yin and yang, or symbolically of soul and personality, spirit and matter. The “wife” of the dream represents the female yin, personality or consciousness aspect of the marriage. The “husbands” are the driving energy of spirit in manifestation. The yin principle helps achieve success in our material world by focussing upon goals. Together they achieve the quantum of experience required to nourish the soul.

Clearly our self-concepts, thoughts and emotions influence our goals and our ability to achieve them, as do the suggestions of others if we let them. They can be positive or negative, but we must be aware of these thoughts and feelings if we wish to be more effective. Whatever we focus on most will be achieved. When we focus powerfully on manifesting the divine will on earth, or on living our highest ideal, we can transform sick and ailing bodies into a vibrant and healthy life.

Fear limits our potential through its influence on thoughts and emotions. We need to have faith and self affirmation that is real and not pretence. The race illustrates the great diversity of people in their ability to achieve practical goals. The consistent achievers have the two characteristics of focus and energy, while the others have them to varying and lesser degrees. Philosophically we know we are all equal with no winners or losers. However, in the practical terms of manifesting our divine will in the material world, some are clearly able to do more than others. The dream provides a reminder and some practical instruction about the need for our ideals and inspirations to be translated into practical achievements, and how to do this.